

FMM Celtic Dance Studio Registration Package 2023/2024



FMM Celtic Dance Studio

Class Schedule and Fees

| Tuesday (36 weeks) YMCA, Eagle Ridge | Wednesday (36 weeks) YMCA, Eagle Ridge | Thursday (36 weeks) YMCA, Eagle Ridge | Saturday (29 weeks) Keyano, Downton |
|---------------------------------------------------------|----------------------------------------------------------|------------------------------------------------------|-----------------------------------------------------------------|
| 4:30 - 5:00 (3/4 yrs) Highland Tiny Tots \$54/mth | 5:00 - 5:45 (5/6 yrs) Celtic Step Primary \$70/mth | 4:30 - 5:00 (3/4 yrs) Irish Tiny Tots \$54/mth | 9:30 - 10:00 (2/3 yrs) Wee Celts - Parented \$43.50/mth |
| 5:00 - 5:45 (5/6 yrs) Highland Primary \$70/mth | 5:45 - 6:45 (7+ yrs) Celtic Step Beginner \$79 | 5:00 - 5:45 (5/6 yrs) Irish Primary \$70/mth | 10:00 - 10:30 (3/4 yrs) Celtic Step Tiny Tots \$43.50/mth |
| 5:45 - 6:45 (7+ yrs) Highland Beginner \$79/mth | 6:45 - 7:45 (11+ yrs) Irish Advanced \$79/mth | 5:45 - 6:45 (7+ yrs) Irish Beginner \$79/mth | |
| 8:15 - 9:15 Highland Adult \$79/mth | 7:45 - 8:45 Celtic Step Adult \$79/mth | 6:45 - 7:45 Irish Adult \$79/mth | |

New This year, fees will be charged monthly from September to June.

The following **Additional Fees** are due at registration:

- **Registration Fee** is \$50 per family.
- **Community Performance Fee** is \$25 per dancer (not applicable to Wee Celts)
- **Recital Fee** is \$50 per family and includes 2 complimentary tickets for the recital.

The following fees are for **participating dancers only** and will be charged when applicable:

- **Competition Fee** is \$50 at the time of Dance Card renewal.
- **Exam Fee** is \$50 at the time of Medal Test/Grade Exams.

The Fine Print

- ⌘ All fees are non-refundable and are subject to GST.
- ⌘ Monthly fees will be charged to your account Sept 18 and then at the first of each month (regardless of number of classes in each month). The first payment will also include all applicable Additional Fees.
- ⌘ The class schedule is subject to change. Classes of 6 or less will be combined with another class or cancelled.
- ⌘ The ages listed in the schedule above are *suggested* for new dancers at the start of the dance year. Returning dancers will be assigned a class on an individual basis with consideration for age/experience/best fit.
- ⌘ **Referral Program:** earn a \$50 gift certificate for each new dancer - referred by you - who registers to our studio - up to a maximum of three (3) gift certificates per family per dance year (up to \$150/year). Any unused referral discounts will be saved and applied the following dance year.

We provide a multi-class discount:

- 10% off the 2nd class
- 15% off the 3rd class
- 20% off the 4th class

We also offer a \$50 Referral Gift Certificate!

Spread the word about our studio!!!

To register, visit www.celticdance.ca

FMM Celtic Dance Studio Calendar

| August | | | | | | | September | | | | | | | October | | | | | | | |
|--------|----|----|----|----|----|----|-----------|----|----|----|----|----|----|---------|----|----|----|----|----|----|---|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | |
| | | | 1 | 2 | 3 | 4 | 5 | | | | | | 1 | 2 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | |
| 27 | 28 | 29 | 30 | 31 | | | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 29 | 30 | 31 | | | | | |

| November | | | | | | | December | | | | | | | January | | | | | | |
|----------|----|----|----|----|----|----|----------|----|----|----|----|----|----|---------|----|----|----|----|----|----|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S |
| | | | 1 | 2 | 3 | 4 | | | | | | 1 | 2 | | 1 | 2 | 3 | 4 | 5 | 6 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 26 | 27 | 28 | 29 | 30 | | | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 28 | 29 | 30 | 31 | | | |
| | | | | | | | 31 | | | | | | | | | | | | | |

| February | | | | | | | March | | | | | | | April | | | | | | |
|----------|----|----|----|----|----|----|-------|----|----|----|----|----|----|-------|----|----|----|----|----|----|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S |
| | | | | 1 | 2 | 3 | | | | | | 1 | 2 | | 1 | 2 | 3 | 4 | 5 | 6 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 25 | 26 | 27 | 28 | 29 | | | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 28 | 29 | 30 | | | | |
| | | | | | | | 31 | | | | | | | | | | | | | |

| May | | | | | | | June | | | | | | |
|-----|----|----|----|----|----|----|------|----|----|----|----|----|----|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S |
| | | | 1 | 2 | 3 | 4 | | | | | | | 1 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 26 | 27 | 28 | 29 | 30 | 31 | | 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | | | | | | | 30 | | | | | | |

- Don't Miss these Activities:**
- FMM Celtic Dance Studio at NDA (August 26) Get ready for dance!
 - Community Performances throughout the year incl:
 - Dance Showcase (Sept 16)
 - Festival of Trees (November)
 - Robbie Burns Day (January)
 - St-Patrick's Day (March)
 - Medal Tests/Grade Exams (April/May)
 - Year-End Recital (June 15)

August 26: Celtic Dance Studio at Northern Dance Apparel
 Sept 12, 13, 14, 16: First Week of Classes/ Free Trial Classes
 Sept 16: Dance Showcase at SECPA
 Sept 30: No Class - National Day for Truth and Reconciliation
 Oct 7: No Class - Thanksgiving Weekend
 Oct 30: Make up Classes for Halloween
 Oct 31: No Class - Halloween

Nov 11: No Class - Remembrance Day
 Dec 19 – Jan 6: No Class - Christmas Break
 Feb 22 – Mar 2: No Class - Teacher Convention Week
 Mar 30: No Class – Easter Weekend
 Apr 16 – 20: No Class – Spring Break
 May 18 – No Class: Victoria Day Weekend
 June 15: Recital / End of Classes

FMM Celtic Dance Studio

Free Trial Classes



The Fort McMurray Celtic Dance Studio has a great program, offering Free Trial Classes to all new dancers!

We open the first week of lessons of the dance year to allow new participants to try out a class - free of charge and with no commitment to enroll!

This year's Free Trials are Sept 12-16.

Dancers can try all 3 styles of dance or just one class. All levels and styles of dance are eligible for a Free Trial Class from our Wee Celts to our Adults.

Returning dancers are also welcome to try out a different style of dance!

For the Free Trial Class, no investment is needed for attire and practice gear. Dancers can simply dance in socked-feet or running shoes and should wear clothes that are suitable for exercise. Please bring a spill-proof water bottle.

We ask that a parent/guardian attend the Free Trial Class with their dancer (dancers under 10) so that we can get to know you and you can discover what we do in class.

You'll need to come a few minutes early so that you can fill out a waiver. Dancers cannot participate in a Free Trial Class until the waiver is complete.

Following the Free Trial Class, dancers who decide to join us for the term can then purchase the class attire and shoes as required.

- ✦ *Free Trial classes do not guarantee a spot in a class; registration must be paid in full to secure a spot in a class.*
- ✦ *Adult classes are open to Free Trial Classes anytime throughout the dance year.*
- ✦ *3 Free Trial Classes total, one per dance style over the course of the dancer's history with the school.*



FMM Celtic Dance Studio Class Attire and Practice Gear

The requirements for class attire are similar, but there are some little differences specific to each style so please make sure to refer to the correct style of dance for your child:

Class Attire FAQs

Do I need the Class Attire for the 1st class?

Ideally, you'll want to have the class attire in time for the first class. The goal is to have dancers feeling confident and wearing attire to help them succeed but we don't want it to be a stressful experience for parents. Sometimes it's not possible to have everything right away. Simply let us know if you are experiencing difficulties or delays in procuring the necessary items.

Where can I purchase the Class Attire?

Our go-to supplier is Northern Dance Apparel, a local retailer in Fort McMurray. They carry, or can order, all items for our dance school and are a one-stop-shop. **We have a reserved shopping night on August 26th from 5-7 just for our studio. It's a great time to get all your gear!**

You can find them [online](#) or book an appointment and visit their store at 1-193 O'Coffey Crescent. Call 780-881-9453 to book.

Why is Class Attire important?

The attire is carefully chosen with several factors in mind:

- fosters a sense of unity and pride
- enables the instructor to see the dancer's posture and form – thus helping dancers as they progress and keeping them safe from injury
- mimics what dancers wear for performances so that the dancer can feel comfortable under pressure
 - limits distractions and stops bad habits from forming. Dancers will develop nervous tics such as playing with their loose hair or fiddling with their long sleeves. These behaviours are unconscious and will come out on stage. [Wee Celts](#)



Wee Celts

- Fitted top or leotard, short sleeves, any colour
- Fitted black dance shorts with a max 1" inseam
- White rollover knee-socks (white tights optional)
- Elastic garters for socks
- Black ballet slippers, (highland/Irish ghillies optional)
- Hair tied back out of the face

Highland

- Fitted top or leotard, short sleeves, any colour
- Fitted black dance shorts with a max 1" inseam
- White rollover knee-socks (white tights optional)
- Elastic garters for socks
- Highland ghillies
- Hair tied back out of the face (bun preferred)

Celtic Step

- Fitted top or leotard, short sleeves, any colour
- Fitted black dance shorts with a max 1" inseam
- White rollover knee-socks (white tights optional)
- Elastic garters for socks
- Black Tap Shoes, with laces or straps
- Hair tied back out of the face

Irish

- Fitted top or leotard, short sleeves, any colour
- Fitted black dance shorts with a max 1" inseam
- White Irish Dance Socks ("Poodle Socks")
- Sock Glue
- Irish Soft shoes
- Hair tied back out of the face

Adult

- Clothing and hair suitable for vigorous exercise and a range of movement
- Shoes as listed for each dance style

Important! For all classes:

- × *No loose fitting clothing*
- × *Socks must stay up*
- × *Shoes must be secure*
- × *No distracting hairstyles or accessories or jewelry*
- × *Tap shoes must not be the pull-on style*

Dance Events

Community Performances

Celtic Dance is very popular in the community and is in demand at many events. There will be opportunities throughout the year for the dancers to showcase their skill. We believe that dancing is for everybody and, as such, all dancers (except Wee Celts) in the school are welcome to participate in community performances. As opportunities arise, you will be informed of details and requirements for each performance.

- As part of the September registration fees, a \$25 Community Performance Fee is charged to each dancer to cover costs of attending these events.

It is a privilege to be invited to perform at local events and dancers are expected to present themselves with professionalism and maturity (reflective of their age of course). Dancers and their accompanying guardians will be held to a high standard of behaviour as they are representing the school and are responsible to be a part of an enjoyable experience for attendees and fellow dancers at the event.

Medal Tests / Grade Exams

The Highland and Celtic Step Dance Medal Tests or Irish Grade Exams are programs that enable dancers to be assessed according to a standard that is appropriate for their age and experience. The dancers are evaluated by a highly qualified Examiner and each dancer is given written feedback and a "grade" along with a medal or another award (depending on the level being tested). Medal Tests are usually conducted once a year and all dancers are invited to participate.

- A \$50 Examination Fee is charged once-yearly to participating dancers to cover costs of these events

Year-End Recital

Mark your calendars! The Year-End Recital is booked for June 15 at SECPA (Holy Trinity) and is our most important even of the year!

Our year-end recital is the best opportunity for dancers to demonstrate everything they have learned and for family and friends to show their support and encouragement. Whereas at community performances, we are often restricted to short performances, the recital is all about our dancers.

- As part of the September registration fees, a \$50 Recital Fee is charged to each dancer to cover costs and includes 2 tickets to the recital (\$25 each)

Competitions

Competition can be a positive experience for some dancers and can be a great motivator. But it is not for everybody and it must be approached with maturity and the right attitude. Dancers who choose to compete are representing the school and will be held to a high standard of behaviour in class, and on and off stage. Before being considered as candidates for competition, dancers must complete *at least* a full dance year with the FMMCDs. The dancer and family must also meet with Miss Catherine in-person for a discussion of expectations. Dancers who demonstrate a good work ethic and good sportsmanship will be permitted to represent the school in competition.

Note: Competition is only available to Highland and Irish dancers.

- A \$50 Competition Fee is charged once-yearly to participating dancers to cover costs of these events

Dance Costume

To perform outside of class, a dance costume will be required. Each dance style has its own costume. At first, the requirement is very simple and as cost-effective as possible. As dancers progress and get more committed, their costume can also become more involved. Dance Costumes are used year after year and, as dancers grow out of them, can be sold to younger dancers.

You will be given more information about the Dance Costume within the first few weeks of dance. If you want further information on the price or details right away, please reach out to us and we will be happy to provide more information.



Practicing at Home

All dancers should practice at home, around 3 times per week - yes, even the youngest dancers. But what is 'practicing'? The answer might be very different from what you imagine.

Imagine trying to learn an instrument without practicing at home. There would be almost no progress, right? It is the same with dance. Learning new movements, being able to execute them in a series, and improving technique all require focus, attention, repetition and the development of an ear for music. There will be minimal progress if your child doesn't practice outside of class. With the youngest dancers, that means 5 – 10 minutes of dancing per practice session. As your dancer progresses, the length of time your dancer practices will increase.

At first, 'practicing' might just mean having fun, listening to dance music, and playing dance games. What's important is that your dancer is being exposed to the *idea* of practicing. Your dancer should learn that dancing doesn't end at the Studio door.

At first, your dancer will need your help and encouragement to develop a practicing routine. **The best way to help your dancer is to provide support and resources:**

- Play dance music in the house and in the car
- Play YouTube videos of dancing (Any videos will do but we also have some from the school)
- As soon as you get home from dance class, ask your dancer to demonstrate what they learned
- Ask them to demonstrate what their favorite dance move is
- Make sure there is a space to practice without it being in the way of family routines
- Encourage them to put their music on and have some fun!
- Play "dance class" with your child
- Allow them to strap on their shoes and dance around

Being able to practice at home doesn't mean your dancer needs an at-home studio. But it should be something that feels welcome in the household. Your dancer wants to dance *for you!* Allowing them to dance around the kitchen while you're cooking for example IS practicing. If a dancer feels that they must go away to practice, this may in fact discourage them, especially when they first begin classes. Very young dancers are dancing as a gift to parents. The best thing you can do, is be interested and amazed!

Dancers don't need a lot of space to practice at home, but they need the proper flooring, music, and a fulllength mirror. For Celtic Step Dance, you can purchase a vinyl floor remnant for under \$20 at End-of-the-Roll (you may have to go back a few times as their stock varies.) Flooring is very important – steer clear of concrete basements or buy the appropriate flooring to provide the right cushioning. Improper flooring will lead to injuries over time. If you have questions about flooring, please reach out to us!

You don't have to know if what your child is doing is correct. It is best if parents be cheerleaders and allow the "corrections" to remain the domain of the teacher. Your job is simply to allow your dancer to do what they love and celebrate their hard work and personal achievements.

If you have any questions about practicing, music or flooring, feel free to reach out to us.